

Beyond Beauty & Hair

Prior to all Permanent Make Up Procedures

1. General procedures:

- A consultation is not needed prior to your appointment
- A thorough consultation will be completed in salon
- This includes a brief medical history review, pigment choices, shape options/styles etc.
- Please ensure that you book out sufficient time for your permanent cosmetic procedure, this not something one should rush.
- You may set aside 1 – 2 hours dependent on which make up procedure you will be requiring.
- **Please note:** if you had permanent make up/ microblading done with another artist / therapist, the full cost of the initial treatment will still apply to you
- **Please note:** if you require touch up done and the initial procedure was NOT done by Beyond Beauty Salon, you will still pay the initial cost of the permanent make up/ Microblading.
- If you had previous Permanent make up/ Microblading done by another artist, it is your responsibility to inform Beyond Beauty Salon prior to your treatment. Failing to do so, we reserve the right to refuse the service
- I am willing to work over older permanent make up in most cases; however, it can be complicated and may need additional appointments.
- It is CRITICAL that you have NOT taken any Roaccutane/Oratane/Accutane within the last 6 months before a permanent cosmetic procedure. These tablets change the dermal layer of the skin and you are therefore not a candidate for Permanent Make Up. High risk of scarring and very poor healed results, are inevitable
- Botox should only be performed 3 weeks after / prior your appointment
- Injectable filler are best done 6 weeks after / prior your appointment
- Do not have any laser or light – based treatments one week prior to your permanent cosmetic procedure. Do not have any laser treatments your permanent cosmetic procedure healing is complete.
- Do not have professional microdermabrasion or acid peels for two weeks prior to your permanent cosmetic procedure
- Absolutely NO sun or tanning for at least one week prior to your permanent cosmetic procedure or during the healing process, SPF from day 14 of healing onwards.
- Prior to your procedure, do not have a sun burn on your face as it is a sign of inflammation in the skin. In addition, the skin will exfoliate after healing from a sun burn and this take the permanent cosmetic pigment colour with it as it fades. If you have a sunburn at the time of your procedure appointment you will be required to reschedule and your deposit will be forfeited
- It is recommended to stop using topical or oral steroids (creams or pills) and Retin A / Retinoid (topical/oral) 5 days prior to any permanent cosmetic procedure. You must discontinue all retinol products for one month after procedure. Using retinoid products before and for one month after the procedure can cause the pigments to fade prematurely, a poor healed result
- Consult your doctor before discontinuing any topical or oral steroid
- Do not use any aggressive skin care products such as glycolic or salicylic acid and abrasive scrubs for 3 days prior to your permanent cosmetic procedure appointment. “herbal remedies” and “Herbal supplements” such as fish oils are to be avoided for 3 days pre-procedure
- Do not take Aspirin, Niacin. Vitamin E and/or Ibuprofen unless medically necessary for 48 – 72 hours prior to your permanent cosmetic procedure
- It is recommended that you avoid alcohol and caffeine for 24hours pre-procedure. Alcohol thins the blood and caffeine increases blood pressure which could cause bleeding. In addition, avoiding these will minimize any swelling after the permanent cosmetic procedure.

2. Directly before treatment

- As a specialist, I will ensure that your shape/ style is correct, according to measurements, face shapes etc....

- We will also ensure that the correct colours are chosen
- You should wash your hair the morning of your permanent cosmetic procedure, since it is recommended to keep your face dry/ out of water for 5 days after your permanent cosmetic procedure. No make- up, no lotions, no pencils, etc. – absolutely nothing should be put on the treated area for 5 -7 days. After 10 days use a mild cleanser with water to clean the area. Avoid scrubbing the treated area for 4 weeks.
- For most people, permanent cosmetic are well tolerated procedures. Topical anaesthetic (numbing cream) is used before the procedure.
- Kindly notify us if you are allergic to lidocaine
- Any chronic medication you take must be provided
- You may drive to and from your appointment
- Getting permanent cosmetic procedure while menstruating can make you extra sensitive to the procedure. Schedule accordingly.
- Slight swelling is normal for all permanent cosmetic procedures.
- You should plan to schedule your touch up 6 weeks after your initial permanent cosmetic procedure and no longer than 2 months after initial procedure.
- If you need to make any adjustments to your appointment please give at least 48 hour notice.
- You are welcome to ask questions and feel free to contact Bianca if you need any additional information.

3. After procedure

- Swelling, dry skin, itching and tenderness are all normal to experience, following a permanent make up procedure
- These symptoms will minimize each day and vary from individual to individual.
- Colour may fade up to 30% or more.
- During the touch up procedure, we will enhance and define the colour/strokes more.
- **Please note:** Healing is different from client to client.
- It is important to realize that you may need a booster/refreshers in 1 – 3 year time, to maintain the fresh, natural appearance of your procedure/s.
- Microblading refresher: 12-18 months
- Permanent Make up brows refresher: 3-5 years
- Eyeliner and lips refresher: 3-5 years
- ***If you have/ do any of the following, you may need a colour boost annually:***
 Oily skin
 Are in the sun a lot/ active outdoors
 Use active products on your skin, i.e.: Retinol, Retinoic Acid, Alpha Hydroxy Acids etc.
 Receive regular skin peel treatments
 Exercise frequently
- The better you take care of your permanent make up the longer it will last.
- If you have an oily skin type, you will require more frequent touch ups.
- Dryer/ Normal/ Mature skin types tend to hold their colours better.
- No swimming until the permanent cosmetic area is completely healed, salt water/ chlorine can cause the pigments to fade or change colour.
- AFTER healing, it is recommended that you apply Vaseline the treated area(s) prior to swimming to prevent the chlorine water/salt water from fading the area. Please schedule accordingly.
- You should avoid sweating and gym (exercising) for 10 days after your permanent cosmetic procedure, which means avoid all exercise. Sweat is salty and can prematurely fade the treated areas!